



Creativity • Community • Recovery

# In crisis? Need to talk?

Café71 can help  
10am - midnight,  
365 days a year



Offering support & building resilience in a crisis

Call us 10am - 12midnight:

**01244 393139**



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***A safe community space for anyone struggling to cope in a crisis.***

**Run by professionals & volunteers,  
Café71 offers:**

- 🌀 Listening, care & support
- 🌀 Help to work through challenges
- 🌀 Help to access other support & advice
- 🌀 Creative recovery through social & educational activities

**If you are 18+ & feeling distressed or in crisis, Café71 is for you.**

**Relatives, carers & professionals can also introduce someone to Café71.**

We are unable to support anyone intoxicated with drugs or alcohol

**Call us on:**

**01244 393139**

**Drop in to:**

71-77, St. Anne Street, CHESTER, CH1 3HT

✉ [enquiries.chester@spiderproject.org.uk](mailto:enquiries.chester@spiderproject.org.uk)

📘 Spider Project Chester - Café 71

🐦 @cafe71chester

📷 cafe71chester

🌐 [www.spiderproject.org.uk/cafe71](http://www.spiderproject.org.uk/cafe71)